

# SNAPs by Presenting Complaint/Problem

- *Standardized Nurse-Activated Protocols (SNAPs) by presenting complaint/problem help nurses initiated care before the patient is seen by a physician.*
- *SNAPs are approved by ED team consensus and apply only to stable patients.*
- *If patient unstable in any way, immediately notify the emergency physician.*
- *Fever is defined as oral T > 100.3°F or rectal T > 101.3°F*
- *Standing orders are separated into **tests/procedures** and **medications/fluids**.*
- *Of course, withhold a medication when the patient reports allergy or sensitivity.*

## Abdominal Pain

- Obtain IV access and draw blood
- Send CBC, CMP, lipase, UA, urine culture, and, for females age 12-50 yrs, UCG
- May catheterize patient for urine collection
- Prepare for pelvic examination for females age 12-50 yrs
- Keep patient NPO
- Request physician to order CT or US, if necessary
- Dilaudid 1mg IVP (0.5 mg if > 60 yrs or < 60 kg)
- Zofran 4 mg IVP PRN for nausea/vomiting

## Animal bite

- Cleanse skin and irrigate wound
- Obtain radiograph if extremity wound and bony tenderness or possible foreign body
- Tetanus Protocol
- For dog/cat bites Augmentin 875/125 mg po if no PCN allergy and weight > 50 kg

## Asthma or COPD Exacerbation

- Cardiac monitor/continuous SpO<sub>2</sub>
- Obtain IV access if severe distress
- Supplemental oxygen to maintain SpO<sub>2</sub> >93%
- Begin nebulizer with Albuterol 2.5 mg/Atrovent 0.5mg
- Child: Give Omapred 2 mg/kg PO or, if unable, Solumedrol 1 mg/kg IVP
- Adult: Give prednisone 60 mg PO or, if unable, Solumedrol 125 mg IVP

## Chest Pain

- Cardiac monitor/continuous SpO<sub>2</sub>
- ECG within 5 minutes (and obtain prior ECG)
- Obtain IV access (saline lock) and draw blood
- Send CBC, CMP, cardiac enzymes
- O<sub>2</sub> 2L NC if SpO<sub>2</sub> < 95% on RA
- ASA 325 mg po (unless allergic or already taken in last 24 hours)
- Portable CXR (AP 1-view, unless physician approves PA/lateral views)



# SNAPs by Presenting Complaint/Problem

## Eye chemical exposure

- Apply Tetracaine, 2 drops to each affected eye
- Irrigate affected eyes (manually or with irrigating contact lens)

## Fever in the Elderly or Chronically Ill

- Obtain IV access and draw blood
- ECG, CBC, CMP, blood cultures X2
- Catheterized UA and urine culture
- Portable CXR (AP 1-view, unless physician approves PA/lateral views)
- Keep patient NPO
- Hydrate with 250 cc NS wide open
- Tylenol 1 g PO or PR

## Pregnancy <13 wks + Bleeding/Pain

- Obtain IV access and draw blood
- Send CBC, quant HCG, type/Rh
- Keep patient NPO
- Place urinary catheter
- UA and urine culture
- Order pelvic US  
(preg survey/first trimester)
- Hydrate with 1 L NS wide open

## Stroke Symptoms

- Cardiac monitor/continuous SpO<sub>2</sub>
- ECG (and obtain prior ECG)
- Obtain IV access (saline lock) and draw blood
- Send CBC, CMP, cardiac enzymes
- Head CT, no contrast
- Inform emergency physician if symptoms within 3 hours of onset
- O<sub>2</sub> 2L NC if SpO<sub>2</sub> < 95% on RA

## Urinary Retention

- Urinary catheter with leg bag
- Urinalysis, Urine Cx
- Lidocaine 2% jelly (Urojet) injected into urethra for males

## Vomiting/Dehydration

- Obtain IV access and draw blood
- CBC, BMP, UCG (all females age 12-50 years old), UA
- Hydrate with 1 L NS wide open (consider oral re-hydration in children)
- Child > 25 kg and adults: Zofran 4 mg ODT or IVP PRN for nausea/vomiting

